



**JAY PREPCHUK
NANAIMO QUARTERBACK CAMP
SATURDAY, APRIL 14, 2012
BARSBY SECONDARY SCHOOL
Camp Schedule**

10:45 Registration **Bring your own cleats, football and lunch. T-shirt included.*
 11:00 Introductions
 11:15 Instruction Tape
 12:00 Warm up. Drills
 1:15 Lunch (Bring your own lunch. We will be meeting while you eat)
 Video analysis. Discussion on academics and Post Secondary requirements

2:00 Instruction tape
 2:30 Warm up. Drills
 4:15 Conclusion

Topics Covered:

Throwing Mechanics	Footwork
1,2,3 and 5 step Drops	Reading Defenses
Play Action Pass	Running the Option
Throwing on the Run	Hot Passing game
Ball Handling / Faking	

-----Detach this portion-----

To register for the NANAIMO 2012 camp:

Complete the following registration form and mail with **\$100.00** registration fee to:

JAY PREPCHUK #301-3371 Chesterfield Ave. N.Vancouver, B.C V7N 3N2

Please make cheque payable to: **Jay Prepchuk**

Athlete's Name: _____

School / Community Program _____ Coach _____

Address: _____

City: _____ Postal Code: _____

****E-mail:** _____

Daytime telephone: _____ Entering Grade (Sept /12) _____

T-Shirt size: XSmall ___ Small ___ Med ___ Large ___ X-Large ___ XX-Large ___

My son / daughter has permission to attend the **Jay Prepchuk Quarterback Camp**. I will be responsible for any medical or other charges in connection with his / her attendance at this camp.

Parent's Signature: _____

PLEASE E-MAIL / PHONE IF YOU ARE ATTENDING jprepchuk@nvsd44.bc.ca or 604-803-2473